



Hawaiian Luau Party

Family Program for Summer 2010

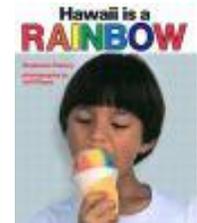
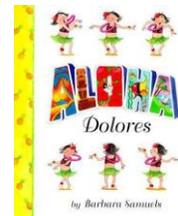
Aloha = Welcome!

Historical Note [...from <http://party-games-etc.com/hawaiian-luau/index.htm>]

Did you know? The Hawaiian Luau came about as the result of King Kamehameha II ending the law against women eating with men, when he and Princess Kaahumano ate together in 1819. The Hawaiian Luau became a celebration of everyone feasting together and the abolishment of old religious “Kapo” or rules keeping the women from eating with the men.

Selected Books to Read or Display

- Aloha Dolores* – Barbara Samuels. DK Pub., 2000.
- Dumpling Soup* – Jama Kim Rattigan. Little, Brown, c1993.
(also a New Year’s story)
- Grandma Calls Me Beautiful* – Barbara M. Joose. Chronicle Books, c2008.
- Hawaii is a Rainbow* – Stephanie Feeney. University of Hawaii Press, 1985.
- How Honu the Turtle Got His Shell* – Casey A. McGuire-Turcotte.
Raintree, 1990. (1990 Raintree Publish a Book Contest winner!)
- Hula Lullaby** – Erin Eitter Kono. Little, Brown, c2005.
- Is This a House for Hermit Crab?* – Megan McDonald. Orchard Books, c1990.
- Luka’s Quilt* – Georgia Guback. Greenwillow Books, c1994.
- Mister Seahorse* – Eric Carle. Philomel Books, c2004.
- The Shark God* – Rafe Martin. Arthur A. Levine Books, 2001.
- Spot Goes to the Beach** – Eric Hill (lift-the-flap) Putnam, c1985.



[* = good for toddlers!]

Flannel Board Rhymes

Five Little Seashells [<http://www.songsforteaching.com/hughhanley/5littleseashells.htm>]

Ten Little Green Bananas – A Countdown

[...adapted from a Jamaican counting rhyme in *A Caribbean Counting Book*, Houghton Mifflin, 1996.]

10 little green bananas hangin’ on a line,
 A bird ate one, that left 9.
 9 little green bananas swayin’ in the breeze,
 They all turned yellow, and 1 of them sneezed!
 8 little yellow bananas lookin’ up to heaven,
 One couldn’t take the squeeze, that left 7.
 7 little yellow bananas grabbin’ at sticks,
 One missed his grip, that left six.

(continued next page)

6 little yellow bananas glad to be alive,
A bird ate another, that left 5.
5 little yellow bananas heard a jungle roar,
One fell upon the sand, that left 4.
4 little yellow bananas lookin' good to me,
One slid off, that left 3.
3 little yellow bananas gettin' a good view,
One tumbled down, that left 2.
2 little yellow bananas bright in the sun,
A child started eatin' – leaving just one!

Songs & Fingerplays

Nine Little Coconuts [...sung to "Ten Little Indians"... c1997, Geri Ceci Cupery]

One little, two little, three little coconuts, (hold up fingers to match counting *up*)
Three little, four little, five little coconuts,
Seven little, eight little, nine little coconuts, up in the coconut tree.

Climb that tree to get those coconuts, (mime climbing tree)
Climb that tree to get those coconuts,
Climb that tree to get those coconuts, up in the coconut tree.

Now throw down... (mime throwing down)
Nine little, eight little, seven little coconuts, (hold up fingers to match counting *down*)
Six little, five little, four little coconuts,
Three little, two little, one little coconut, down from the coconut tree!

Ocean Shell [...from <http://www.thebestkidsbooksite.com/fingerplays-for-kids.cfm>]

Puppetry

Is This a House for Hermit Crab? [...see Geri's "At the Beach" preschool story time handout]

Music

"Hawaiian Music Mix" CD [...see next page for suggested tracks & source music CDs]

Disney's Lilo & Stitch Island Favorites – Walt Disney Records, p2002.

Hawaii's Greatest Hits, Vol. 1 – The New Hawaiian Band (c1968)

Activities & Games

Hot Flamingo

[...adapted from "Hot Coconut" at: <http://www.amazingmoms.com/html/partytropical.htm>]

Supplies: a CD player and tropical music CD (see above), and something to pass!

Instructions: Play as you would "hot potato", using a plush flamingo, crab, lobster, etc.
Pass the "hot" item around the circle from person to person quickly, while music is playing. When the music stops, the person holding the item sits in the middle, or controls the music for one round.

Limbo dancing!

[...adapted from "Hawaiian Limbo Game" at: <http://party-games-etc.com/hawaiian-luau/index.htm>]

Supplies: CD players, Hawaiian or limbo dancing music, limbo stick.

Instructions: Dance & compete to your favorite limbo music (see suggestions for Hawaiian Music Mix, next page). Use a narrow paper tube, such as a wrapping paper roll, as your limbo stick. (A broom stick was suggested but I prefer a lighter-weight alternative; a yardstick or long wooden dowel could also work. Some party stores/websites also sell *inflatable* limbo kits or sticks!) Play your favorite beach music as contestants try to limbo under the pole at various heights. The person who can go the lowest without touching the ground – except for their feet – wins!

Hawaiian Luau Relay Race

[...adapted from "Tropical Relay Race" at <http://www.amazingmoms.com/htm/partytropical.htm>]

Supplies: 4 items of tropical clothing + bag + chair, x 2:

- 2 grass skirts
- 2 pairs of sunglasses
- 2 straw hats
- 2 lei necklaces
- 2 beach bags
- 2 beach chairs

Instructions:

- Divide the group into two teams of up to 5 people; each family can either be a team, or can choose a player to be on a team, while the rest of the family cheers them on.
- Each team lines up in a row. Place chairs a reasonable running distance in front of each team or any distance your space will allow. The objects listed above are placed into the beach bags or hung on the chairs, which are lined up with each team.
- First player on each team runs to the chair, puts on one item, returns to the team, removes the item and hands it to the second player.
- Second player puts on the first item, runs to the chair, puts on a second item, runs back to the team, hands both items to third player.
- Third player runs to chair wearing two items, puts on third item, runs back to team, removes items, hands off 3 items to fourth player.
- Fourth player runs to chair, puts on fourth item, runs back to team, removes & hands off 4 items to fifth player.
- Fifth player runs to chair & SITS DOWN! First team to complete wins.
- If there are more people wanting to play, the win will end that round, and two more teams can be "fielded" until everyone gets a chance to play. Or, if you anticipate a big turn-out, collect enough supplies to have more teams playing at once. I recommend pre-registration for family programs.

Craft

Paper flower leis – from colored paper flowers, rainbow yarn, & straws

[...see "Lei Necklaces" at: <http://www.amazingmoms.com/htm/partytropical.htm>]

Supplies: rainbow yarn, see-thru striped drinking straws and colored paper.

Instructions: Before the party, cut 1" pieces from drinking straws, and flowers from colored paper. Make a hole in the center of each flower using a hole punch. The children will bead their lei's by alternating straws and flowers until reaching the desired length – make sure it fits over the wearer's head!

Tip: Wrap a piece of tape around the end of the yarn for easier beading.

Make Your Own Hawaiian Mix CD [...for personal use, of course]

Step 1: Gather CDs listed below, or similar music of your choice.

Step 2: Use computer to burn your own mix CD for use at your family library program.

Sample Hawaiian Mix CD Contents

| <u>song</u> | <u>CD title</u> | <u>musicians</u> |
|--|--------------------------------------|---------------------------|
| I'll Be Dreaming of Hawaii , track 5 | Pillow Full of Wishes | Cathy Fink, Marcy Marxer |
| Blue Hawaii , track 1 | Blue Hawaii | Andy Williams |
| Rock-a-Hula Baby , track 6 | Blue Hawaii | Elvis Presley |
| Limbo Rock , track 10 | A Child's Celebration of Dance Music | Chubby Checker |
| Limbo Rock (instrumental) , track 6 | Ultimate Party Survival Kit | Champs |
| Disco Limbo , track 8 | We All Live Together | Greg & Steve |
| Limbo Calypso , track 3 | Soca Dance Party | Arrow (Alphonsus Cassell) |
| Everybody Limbo (instrumental) , track 10 | One World, One Light | Nelson Gill |

Aloha = Goodbye, too!